

## Positive Alternatives 2015 - 16 Quarterly Update

**Grantee:** HELPING HAND PREGNANCY CENTER, Worthington, MN

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**Goal:** To provide positive alternatives to abortion to pregnant and parenting women in Minnesota

**For the period:** April 1 through June 30, 2015

<b>Activity or Service</b>	<b>Activity or Service Description</b> Major Work Plan Activities	<b>Work Plan Count</b>	<b>Program Progress and Accomplishments</b> Report the progress and accomplishments made this period on each activity.	<b>Report Count</b>
<b>Administrative Activities</b>	Hiring, orientation, volunteer coordination, staff assessment and all administrative duties		Welcome, Mary Ottman, the new Positive Alternatives Grant Coordinator at the MN Dept. of Health. Continue to purchase items for incentive program. Recruit participants for car seat safety program. Designed and submitted the evaluation plan to be done in the next 8 months.	
<b>Outreach</b>	Multimedia advertising, publicity, community education, networking activities		Outreach to community regarding Client Services to enroll new clients. Record and use radio Public Service Announcements. Participated in 2 local Community Fairs.	
<b>Car Seat Program</b>	Provide car seat safety education and installation by a Certified Car Seat Technician/Practitioner in an incentive program	12	Renewed certification as a Child Passenger Seat Technician. Assisted Sherriff's Dept. and the MN Dept. of Transportation with a Car Seat Safety Checkup Event.	19
<b>Case Management Services</b>	Provide all clients with periodic risk assessment and mentoring regarding progress in securing pregnancy and parenting support services	40	We advocate to meet our clients' needs, and spend significant time with clients helping them to read and understand papers from service providers.	68

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<b>Crib Distribution/ Sleep Safety Education</b>	Provide Safe Sleep Education with optional earned Pack' n Play incentive	18	Sleep safety is one of the units that our Center is very passionate about. As part of this effort, we sew and distribute baby Sleep Sacks for clients to use in the cribs, instead of blankets.	32
<b>Interpreter Services</b>	Provide interpretation to enrolled clients who need Spanish language services	20	We continue to have a very diverse clientele.	26
<b>Life-Skills Education Program</b>	Provide Life Skills Education; increase knowledge and skills to overcome mental, emotional, and social obstacles to successful parenting	10	We feel that these clients need our assistance - they have many physical health, mental health, social, or financial challenges.	10
<b>Nutrition</b>	Provide nutrition education and prenatal vitamin supplementation to pregnant	40	This is done soon after client enrollment, and is well received.	58
<b>Parenting Education</b>	Identifies and encourage young women in the first trimester of pregnancy (or parenting) to receive programs and services. Includes case management and education about legal rights	12	We are working daily to reach out to at risk parents in the 18-24 year old age group. This is the age group that needs to hear the information on Positive Alternatives to Abortion.	26
<b>Parenting Education</b>	Increase basic knowledge and skills for parents of Infants in a class series	12	Many of our clients do NOT have extended family members living nearby to mentor them after childbirth.	14
<b>Pregnancy Education</b>	Provide individual and group pregnancy education; provide/ refer for individual and group Labor & Childbirth Education	10	Clients are better prepared to advocate for their health care after attendance at our pregnancy and childbirth classes.	23

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<b>Provide Necessary Services Assessments Only</b>	Staff provides clients only intake assessments, information on, referral to and assistance with securing necessary services	2	Occasionally we have a client that is too busy to attend regular appointments with us.	5
<b>Transportation</b>	Provide transportation for attendance in individual and group class sessions, as needed.	18	We are working with the Taxi Service to help them improve the quality of transportation services for our clients.	19

<b>Maternal and Child Health Initiative Task Force Strategies</b>	<b>No.</b>
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	19
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	14
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	68
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	68
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	7
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	11

**Challenges:**

**Comments:**